National Capital Region Faculty Association Members Volunteer at the Lorton Food Bank Warehouse in Lorton, Virginia.

On Saturday, February 9, 2008 the Faculty Association of Virginia Tech sponsored its second volunteer activity. During the month of January the National Capital Region Faculty Association began collecting non-perishable food items from members of the Virginia Tech and University of Virginia communities to donate to the Food Bank Warehouse in Lorton, Virginia. The Food Bank Warehouse in Lorton is part of the Capital Area Food Bank which distributes 20 million pounds of food each year. The Capital Area Food Bank was established in 1980 as an organization to provide food to needy families in the National Capital Region.

Between late January and early February the Virginia Tech and University of Virginia communities in the National Capital Region generously donated five large bags of food. These items were taken to the Lorton Food Bank on the morning of February 9. Four volunteers—Csaba and Kate Egyhazy, Nick Stone, and Beverly Bunch-Lyons spent the morning un-boxing and shelving food at the Food Bank. The work was light, but steady, with ample opportunity to chat with each other, and other volunteers from local schools, and other organizations.

The Lorton Food Bank Warehouse is well-managed, and is an excellent volunteer opportunity. Volunteers are able to work at their own pace, and are free to stay for the entire three hour time frame, or leave sooner if necessary.

Submitted by Beverly Bunch-Lyons,
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